

Why does God care about our bodies so much? Paul tells the Corinthians that bodily immorality might be the reason someone doesn't go to Heaven. Why is God so interested in how we use our bodies?

$1^{ ext{ST}}$ – God created our bodies for Himself

"Now the body is not for sexual immorality but for the Lord." – 1 Cor. 6:13

- He created our desires and there is a specific way he wants us to fulfill them.
- Just as Adam and Eve were created with bodies and God gave them provisions and parameters for the body, so we have provisions and parameters for the body.
- God gave us the desire for leisure, but that doesn't mean we should be lazy
 and waste our time. God gave us the desire for food, but that doesn't mean
 we should be gluttons. God gave us the desire for sex, but that doesn't mean
 we should be engaged in immoral relationships.

2ND - GOD UNITED OUR BODIES TO HIMSELF

"Do you not know that your bodies are members of Christ?." -1 Cor. 6:15

- Our bodies are representations of who we are. We communicate to each other through our bodies.
- When we trusted in Christ, we became united to Him in a spiritual way, so that our bodies are representations of who He is.
- Therefore, we should not engage in activities that Christ would not engage in.
- We should use our bodies as His hands and feet to accomplish His will
- Is Christ pleased with where we go, what we do, what we partake in?

3RD - GOD FILLS OUR BODIES WITH HIMSELF

"Do you not know that your body is the temple of the Holy Spirit?" - 1 Cor. 6:19

- When the Israelites fulfilled the Lord's command to build a tabernacle, His presence came and filled the Holy of Holies (see Exodus 40:34-38).
- God is making your body a sacred place for Him to live. The more we allow Him to sanctify our house, the more His glory, His presence, fills us and communes with us.
- Whether it's the strict physical state of your body, or the emotional and psychological state of your body, or the thoughts and attitudes of your heart towards God and others, how's your house?